

CAMARA MERI RAJABARI

LICENSED MARRIAGE AND FAMILY THERAPIST

Dear Ms. Hernandez,

I am writing to express my interest in serving on the City of Santa Fe Human Services Committee. As a licensed Marriage and Family Therapist with active practices in both California and New Mexico, I bring over a decade of experience in culturally responsive mental health care and community program development, grounded in ancestral healing, social justice, and trauma recovery.

I have worked across systems, including Veterans Affairs, school districts, and local initiatives, to support underserved communities. I understand both the limitations and the potential of human services, and I am passionate about shaping funding and programming that uplifts wellness through equity, dignity, and cultural relevance.

Now based in Santa Fe, I am actively engaged in supporting mental health access for Black, Indigenous, and People of Color through private practice, community education, and expressive arts. I currently serve as an adjunct professor at Southwestern College, where I teach trauma-informed and transformational approaches to psychology. My work is also informed by my background in expressive arts therapy, EMDR, family constellations, and psychedelic-assisted psychotherapy modalities that reflect the holistic and integrative approaches many in our city need and seek.

The committee's commitment to equity and accessibility resonates deeply with my own. I believe that health and human services must reflect the lived realities and wisdom of the communities they serve. With experience reviewing grants, designing community programs, and providing technical consultation to organizations, I am confident in my ability to contribute meaningfully to funding decisions and program evaluations.

I would be honored to bring my perspective, professional background, and passion for healing justice to this role. Thank you for considering my application. I look forward to the possibility of contributing to this vital work in service of our Santa Fe community.

Warm regards,

Camara Meri Rajabari

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CONTACT



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SKILLS

- Individual and Group Counseling
- Evidence-Based Interventions
- Trauma Specialist
- Arts-Based and Somatic-Based Interventions
- Psychedelic-Assisted Psychotherapy
- EMDR and Brainspotting

EDUCATION

Masters in Psychology

John F. Kennedy University

2019

Marriage & Family Therapy, Expressive Arts Emphasis

Bachelors of Arts in Ethnic Studies

San Francisco State University

1995

Black Studies and Social Science Emphasis

LICENSES

California #128309

New Mexico #CTB-2024-0035

PROFESSIONAL PROFILE

Arts-based, ancestral, psychedelic-assisted psychotherapist specializing in anxiety, depression and intergenerational trauma. Published author, university professor, and mental health advocate. Extensive experience working in behavioral health care settings. Highly skilled LMFT with a passionate interest in mental health utilizing innovative, evidence-based approaches to psychotherapy.

WORK EXPERIENCE

LMFT Private Practice

2022-Present

The Ancestral Psychotherapist, California and New Mexico

- Specializes in anxiety, depression, and intergenerational trauma.
- Supports Black, Indigenous, and People of Color communities with social justice and culturally sensitive psychotherapy.
- Provides sliding-scale group psychotherapy in communities of color.
- Trained in MDMA and Ketamine-Assisted Psychotherapy for complex trauma
- Clinical Trainer in arts-based interventions for trauma
 - Fred Finch Youth Center, 2022-present
 - Oakland Unified School District, 2022-present
 - Somatopia, Core Skills in Trauma Interventions, 2022- present
 - Women's Cancer Resource Center, 2023
 - CIIS, Emerging Black Clinicians Program, 2022
 - CIIS, Integral Psychology Program, 2025

Adjunct Professor

2025 -Present

Southwestern College, Santa Fe, NM

- Teaching: Prepared and delivered lectures, led class discussions, and created assignments.
- Grading: Assessed student performance and graded papers, quizzes, and exams.
- Student Support: Advised students on achieving success in class, addressed their questions, and offered academic assistance as needed.
- Collaboration: Worked with colleagues on course curriculum and student learning outcomes.
- Administration: Maintained student records, provided final grades and attendance information, and followed established protocols.

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TRAINING

- Systemic Family Constellations, 2024
- EMDR, 2024
- Brainspotting, 2022
- Somatic Embodiedment and Regulation Strategies Certificate, 2022
- Multidisciplinary Association for Psychedelic Studies (MAPS)/ Expanded Access for MDMA Psychedelic-Assisted Therapy Research Training, 2019

CAREER MILESTONES

- **NPR's LifeKit guest interview** with Marielle Segarra, How To Deepen Your Connection With Your Ancestors, 2023
- **Co-Author, Invoking The Numinous: Ritual, Medicine, and Magic in Psychedelic Psychotherapy with Shanna Butler, PhD** published in the textbook Integral Psychedelic Therapy (Routledge Publishers), 2023
- **Ep 19: How your family history can show up as pain with Camara Rajabari, LMFT** [Beyond The Pelvis](#) Podcast, 2024

AFFILIATIONS

California Association of Marriage and Family Therapists

Member 2018 to present

New Mexico Counseling Association

Member 2024 to present

WORK EXPERIENCE, CONT.

Adjunct Professor

2020-2022

John F Kennedy University (National University), Pleasant Hill, CA

- Teaching: Prepared and delivered lectures, led class discussions, and created assignments.
- Grading: Assessed student performance and graded papers, quizzes, and exams. Syllabus: Developed and managed the syllabus to meet department and college standards.
- Student Support: Advised students on achieving success in class, addressed their questions, and offered academic assistance as needed.

Associate MFT

2019-2021

Blue Oak Therapy Center, Berkeley, CA

- Provided low-fee individual, couples, child, and family counseling to the greater east bay area.
- Supported the clinic with business and administrative tasks such as intakes, human resources, and office management.
- Key member of the Advisory and Diversity committees.

Associate MFT

2019-2021

Sage Institute, Oakland, CA

- Provided low-fee accessible Ketamine-Assisted Psychotherapy (KAP) to individuals in the greater East Bay area.
- Participates in didactic trainings on psychedelic-assisted, depth, social justice, and trauma-focused psychotherapy.
- Outreach to underserved and low-income communities for participation in psychotherapy services.

MFT Trainee

2018 - 2019

Pathways Hospice, Oakland, CA

- Provided individual, couples, child, and family counseling to the greater east bay area.
- Facilitated support groups for general loss and in-home bereavement support for children and youth.
- Met with the Hospice Interdisciplinary Group to debrief support needs for family members of recently deceased.

Non-Medical Case Manager

2016 - 2017

Livermore Veterans Administration, Livermore, CA

- Assisted wounded, ill and injured Veterans with a Post-Traumatic Stress Disorder diagnosis in learning positive approaches to daily life challenges, overcoming disabilities, learning life skills, living independently which allowed them to reintegrate back into their family and community.
- Provided comprehensive case management services, education, training, including patient advocacy by connecting clients and their families to community resources.
- Collaborated and consulted with highly skilled mental health and medical staff of the PolyTrauma Unit of Livermore Veterans Administration.