



Thank  
You!

- ❖ Kitchen Angels provided free, medically tailored meal delivery services to homebound Santa Fe residents living with chronic or terminal illness, disability, and age-related health challenges. Services included the preparation and weekday delivery of freshly prepared meals tailored to clients' medical and dietary needs, with frozen meals provided for weekends and holidays.
- ❖ In addition to nutritional support, daily volunteer deliveries provided critical wellness checks and social connection for medically vulnerable individuals experiencing food insecurity and isolation. Through this program, Kitchen Angels helped clients maintain health, independence, and dignity while aging safely in place.

# Successes

The program strengthened Kitchen Angels' ability to respond to growing community demand while advancing adult health, equitable access, and community safety outcomes in Santa Fe.

- ❖ Served 9 unduplicated clients
- ❖ Delivered 90,220 meals
- ❖ Exceeded projected service target of 9 participants by 98%
- ❖ Maintained zero waitlist / reduced response time / increased intake capacity



# Challenges

- ❖ Rising demand for medically tailored meal services during the grant period
- ❖ Increased food and supply costs impacting meal production and delivery operations
- ❖ Greater service complexity driven by short-term and emergency client referrals
- ❖ **Emergency Meal Service launched in November** in response to SNAP benefit reductions
- ❖ Rapid increase in food insecurity among low-income, homebound older adults
- ❖ Need for expanded intake coordination and accelerated service response
- ❖ Operational adjustments required to balance emergent demand with existing client commitments
- ❖ Strategic resource allocation to maintain meal quality and continuity of care
- ❖ Strengthened internal coordination and operational efficiencies

**Outcome:** *Kitchen Angels successfully adapted to increased community need while preserving service continuity, quality, and responsiveness for medically vulnerable Santa Fe residents.*



# Client Story

- One gentleman was struggling to provide for his family when SNAP benefits were cut. We helped the small family with food, and our resource navigator was able to provide resources in Spanish. He was connected with legal assistance as well and is now out of crisis.
- Another client came to us post-surgery. He was at risk of losing his job and apartment because of a back injury. When we put him on short-term meal service, he was in a lot of pain and could barely walk. Thanks to our meals, he was able to rest up and recover. Our resource navigator connected him with the New Mexico Coalition to End Homelessness who paid back rent, preventing his eviction. He has recovered enough to go back to work and is no longer on service.
- *“After I was hit by a drunk driver, I had my independence taken from me. I was at an all-time low. Kitchen Angels was there for me when I couldn't feed myself. Thanks to your meal delivery, I have been able to recover safely.”*
- *“Before Kitchen Angels meals, I would simply not eat or only eat a snack. I'm in chronic pain and it's very difficult to make a healthy meal. I couldn't get through the cooking process without having to sit down many times or fall asleep and ruin the meal. I don't have that problem now that meals are delivered. The volunteers are amazing and are much appreciated!”*